

In Christ

Identity · Priorities · Habits

Identity comes before application.

Identity Statement	See yourself as God sees you and what He has called you to do.
Priorities	Shaped by your identity. Three priorities for each identity.
Habits	Shaped by your priorities, and they reinforce your identity. Specific and measurable: one daily, one weekly, one monthly, one yearly.

How to use this tool

1. Begin with the two anchor identities. They apply to every man.
2. Choose the applications for all men, and those that fit your life situation now.
3. Complete the priorities and habits for the remaining sets. Use the blank worksheet at the back for any other identity.

Anchor Identities

For every man

In Christ, I am a child of God	
Priorities	1. To walk in relationship with the Father 2. To seek first His kingdom and reign 3. To make His gospel known
Habits	
Daily	Spend 15 minutes in prayer, addressing God as Father with thanksgiving and requests
Weekly	Share my testimony or the gospel with one person
Monthly	Set aside one half-day for prayer and fasting for my family, church, and city
Yearly	Take part in one CFM outreach or mission, or support one missionary for the year

In Christ, I am a faithful disciple	
Priorities	1. To abide daily in Christ 2. To submit every area of my life to His lordship 3. To serve His body faithfully
Habits	
Daily	Read one chapter of the Bible and write down one thing to obey
Weekly	Attend my Connect Group and report on what I obeyed
Monthly	Serve at least twice in my ministry team and review my commitments with an accountability partner
Yearly	Complete one discipleship course or take the next step on the CFM pathway

Applications

For every man

In Christ, I am a faithful steward of my body	
Priorities	1. To honour God with my body 2. To keep my body fit for the King's mandate 3. To rest as one whose work Christ has finished
Habits	
Daily	Walk or exercise for at least 30 minutes
Weekly	Take one full day of rest from work
Monthly	Check my weight and blood pressure
Yearly	Complete a full medical check-up

In Christ, I am a dependable friend	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am an honouring son

Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am a responsible citizen

Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am a devoted father

Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am a devoted father	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am a whole single man	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am a reliable employee	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am an honest businessman	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am _____	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	

In Christ, I am _____	
Priorities	
Habits	
Daily	
Weekly	
Monthly	
Yearly	